MICRO'S
UNILIGHT

ENG

Micro Forest Basics

- Soak seeds in water for 12h before planting if noted on front of refill packaging.
- Use tapwater for consistent results.
- Ideal room temperature is 21°C for fast growth.
- Provide enough light for happy plants!

Step 1 - Soil preparation

Take a bowl or the tray without holes and add 200 ml (1 glas) of water. Soak the coco soil tablets and wait until it becomes soft potting soil. Spread the soil evenly in the tray with holes.



Step 2 - Sow your seeds

Sow the full bag of seeds as evenly as possible over the potting soil.

Step 3 - Germination, 3 to 4 days

Put the tray without holes on top of the tray with seeds and soil. Put a 200 ml glass of water on top of the upper tray to add extra weight on the seeds. Wait 3 to 4 days until the seeds are pushing up against the top tray with the glass of water. The top tray should look like it's starting to lift.

Pro tip: If you look closely, you can check whether the first little root of the seeds has entered the potting soil. If most of them are still visible on the surface, leave them stacked for one more day!

Step 4 - Growth, 4 to 10 days.

Once the seeds have germinated, take off the top tray. Now add tap water in the tray without holes until the marking and put the tray with germinated seeds inside it. This allows the soil to draw up up the moisture from the bottom. Check the water level every 2 days and add water until the marking whenever necessary.

Step 5 - Harvest and enjoy!

Once the Micro Forest looks like the pictures, it's ready to harvest. Your home grown greens can be eaten without washing and will stay fresh in the fridge for at least 7 days!

Scan for detailed Grow Guide+ instructions!

Or translations in NL, FR, DE